

# HYPOTHYROIDISM DIAGNOSIS and SYMPTOMS CHECKLIST

## SPECIAL RISK/SYMPTOMS LIST FOR INFANTS

- My infant is on soy formula.
- My infant has family members (parents, siblings) with thyroid disease.
- My infant has a puffy face.
- My infant has a swollen tongue.
- My infant has a hoarse cry.
- My infant has cold extremities.
- My infant has mottled skin.
- My infant has low muscle tone.
- My infant is not eating well.
- My infant has thick coarse hair that grows low on the forehead.
- My infant has a large soft spot.
- My infant has had prolonged jaundice.
- My infant has a herniated belly button.
- My infant is lethargic.
- My infant sleeps most of the time.
- My infant appears tired even when awake.
- My infant has persistent constipation.
- My infant is bloated or full to the touch.
- My infant has had little or no growth.